

# TEACHING TOLERANCE



A PROJECT OF THE SOUTHERN POVERTY LAW CENTER  
WWW.TOLERANCE.ORG

MIDDLE & UPPER GRADES ACTIVITY

K 1 2 3 4 5 6 7 8 9 10 11 12

## Are You Empathetic?

Read each item below. Circle “yes” if the statement describes you or “no” if it does not.

- |  |     |    |
|--|-----|----|
| 1. I often think about other people’s feelings.  | YES | NO |
| 2. I don’t make fun of other people because I can imagine what it feels like to be in their shoes. | YES | NO |
| 3. I listen to others about what they’re going through.  | YES | NO |
| 4. I try to understand other people’s point of view.   | YES | NO |
| 5. I am aware that not everyone reacts to situations the same way I do.                            | YES | NO |