

I AM A PERSON
WHO WILL

INTERRUPT

ECHO

TOLERANCE.ORG
RESPOND TO EVERYDAY STEREOTYPES AND BIAS
SPEAK UP AT SCHOOL

QUESTION

EDUCATE



TEACHING TOLERANCE
A PROJECT OF THE SOUTHERN POVERTY LAW CENTER
TOLERANCE.ORG

SPEAK UP
AGAINST BIAS

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I AM A PERSON
WHO WILL

TRY SAYING
“THANKS FOR
SPEAKING UP, ALLISON.
I AGREE THAT WORD
IS OFFENSIVE AND WE
SHOULDN'T USE IT.”

TRY SAYING

If someone else speaks up against hate, thank her and reiterate her anti-bias message. One person's voice is a powerful start. Many voices together create change.

ECHO

TRY SAYING
“DO YOU KNOW
THE HISTORY OF
THAT WORD?”

TRY SAYING

Explain why a term or phrase is offensive. Encourage the person to choose a different expression. Hate isn't behind all hateful speech. Sometimes ignorance is at work, or lack of exposure to a diverse population.

EDUCATE

TRY ASKING
“WHY DO YOU SAY
THAT?” WHAT DO
YOU MEAN?” OR
“TELL ME MORE.”

TRY ASKING

Ask simple questions in response to hateful remarks to find out why the speaker made the offensive comment and how you can best address the situation.

QUESTION

TRY SAYING
“DON'T LIKE WORDS
LIKE THAT.” OR “THAT
PHRASE IS HURTFUL.”

TRY SAYING

Speak up against every biased remark—every time, in the moment, without exception. Think about what you'll say ahead of time so you're prepared to act instantly.

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