



## OUR BODIES AND THE MEDIA

## **Observation Chart**

Type of Media	Do you use it?	What are you doing when you use it? (Draw a sketch!)	How does it make you feel about your body?
Example: Television	yes	disert. (Braw a saccent)	1. tired 2. wish I had long hair 3. happy (it's funny)
Video			
Game			
<b>(E)</b>			
Toys of			
characters			
Movies			
Music and			
Music			
videos			