

## Learning about Some Disabilities

Some people have disabilities that you can see right away. For example, some people use wheelchairs to help them get around. People with hearing problems might need to use a hearing aid. People who have trouble seeing might need to use a cane or a guide dog.

But some people have disabilities that you can't see right away. Some kids have learning disabilities like dyslexia. People with dyslexia often have a hard time with words and reading. Another disability you can't see is called Attention Deficit Hyperactivity Disorder, or ADHD. Kids with ADHD may have trouble staying focused. Autism is another example of a disability that you can't see. Kids on the autism spectrum may have difficulty communicating and forming relationships with people.

Whether a kid has a disability you can see or not, remember that he is still just a kid! If you try talking to him, you'll probably discover that you have a lot more in common than you thought.