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Big, Fat Stereotypes

Many of your favorite television shows feature characters who are overweight. But those shows may portray them in an entirely different way than the characters who are of more average weight.

To examine this yourself, watch one or two afternoon or evening comedy programs on television. As you watch, use the following guidelines to note your observations.

Name of program(s)	
CHARACTERISTICS OF OVERWEIGHT CHARACTERS Are they sidekicks rather than main characters?	
Are the characters there to make you laugh?	
What are they wearing?	
Are they the target of jokes?	
Are they less intelligent, or slower, than the other characters?	
Are they always eating?	
What other words would you use to describe these characters?	