

Dealing with the Problem of Hunger

There are different ways to deal with hunger in the United States. Some are actions that individuals and communities take. Others are actions that the government takes.

INDIVIDUAL AND COMMUNITY RESPONSES TO HUNGER

Food Bank

A place where people can donate food goods that are then distributed to those in need

Soup Kitchen

A place where prepared food is served to people in need, usually free of charge

Some Government Programs for Dealing with Hunger

National School Breakfast/Lunch Program

Reimburses schools for providing free or low-cost meals to students in need

Food Stamps

Provides monthly benefits for low-income families to buy food

Special Supplemental Nutrition Program for Women, Infants and Children (WIC)

Provides nutritious food, nutrition education, and improved access to health care for pregnant women, new mothers, infants and children

FILL IN THE SHORT- AND LONG-TERM BENEFITS OF EACH RESPONSE TO HUNGER

RESPONSE	SHORT-TERM BENEFITS	LONG-TERM BENEFITS
Food Bank		
Soup Kitchen		
School Breakfast/Lunch		
Food Stamps		
WIC		
Other:		